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LOVELY WORLD

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LPU forges International Alliance with Solent University, UK, Expanding Horizons for Computer



LPU, continuing its stride towards global academic excellence, recently sealed a significant partnership with Solent University, UK. This Memorandum of Understanding (MoU) promises groundbreaking opportunities for Computer Science and Engineering students, enhancing their academic odyssey with international exposure. The collaboration is poised to introduce transformative initiatives, elevating the academic landscape for Vertos and affirming LPU's commitment to fostering global competencies.



Cricket Star Sonal Kalal Makes Waves in Sr. Women's Inter Zonal Multi-day Trophy!

Lovely Professional University's cricket prodigy, Sonal Kalal, sets the pitch on fire as she secures her spot in the prestigious Sr. Women's Inter Zonal Multi-day Trophy (Central Zone). Pursuing her MPEd while showcasing unmatched talent, Sonal's journey to success is one to be celebrated across the cricketing world. Stay tuned as this rising star continues to shine bright on the cricket field!

LPU Propels Global Education: Elite Universities Extend Study Abroad Opportunities



In a groundbreaking initiative, our University champions global education by hosting a transformative study abroad program, welcoming representatives from 12 prestigious universities worldwide. Notable institutions such as the University of Cambridge, University of Warwick, and University of Texas at Arlington converge to offer invaluable insights and opportunities for LPU students. Led by LPU's visionary leadership, discussions with top foreign university representatives explore collaborative avenues, reflecting LPU's unwavering commitment to international partnerships. With over 450 esteemed global partners spanning the USA, UK, Australia, and beyond, LPU empowers students to broaden their horizons and acquire invaluable skills through immersive study abroad programs. As LPU continues to pave the way for global education, it remains steadfast in its mission to provide unparalleled opportunities for academic growth and cultural exchange. Representatives from the universities of the USA were Mr. Alex Englander, Ms. Sridevi Ravella, Ms. Linda Larson, Ms. Madison Ferreri, Mr. Michael Burke, Mr. Nirmal Pradeep, and Mr. Thomas Hill. Mr. Wai Wah Tsang, Ms. Sara Hales, and Mr. Norhayuri Hadi represented the UK universities. Ms. Iana Domnina represented the German university, and Mr. Csaba Farago represented the university from Hungary. LPU remains committed to providing its students with unparalleled opportunities for international education and is proud to facilitate their study abroad goals through its robust network.

5th Gavelled National Moot Court Competition Hosted by LPU School of Law

The School of Law at Lovely Professional University (LPU) recently hosted the prestigious 5th Gavelled National Moot Court Competition, drawing participation from 51 esteemed colleges and universities across the nation. The event commenced with an illustrious Inauguration Session, graced by the esteemed presence of Retd. Hon'ble Justice Talwant Singh as the Guest of Honour. The Inauguration Session was a momentous occasion, with Honorable Founder Chancellor Dr. Ashok Kumar Mittal and Member of Parliament Rajya Sabha extending a warm welcome to Justice Singh. Dr. Mittal, Justice Singh, and Pro Vice-Chancellor Dr. Sanjay Modi delivered inspiring addresses to the participants, encouraging them to seize the opportunity for learning and personal development offered by the competition.



The event serves as a testament to LPU's dedication to providing students with opportunities for holistic development and practical learning experiences that prepare them for success in their future careers.

Unveiling Architectural and Linguistic Marvels: ALECS 2024

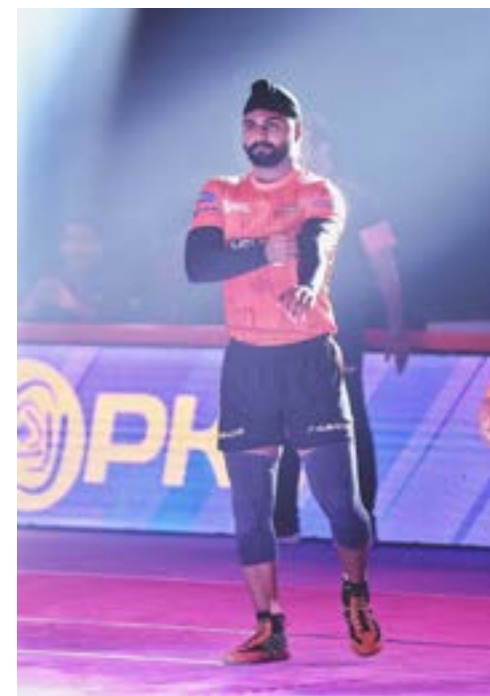


In a celebration of architectural and linguistic synergy, ALECS 2024 stood as a testament to the vibrant exchange of ideas and cultures between the School of Architecture & Design at Lovely Professional University (LPU) and Alcala University, Spain. This exceptional collaboration illuminated the fascinating connections between Chandigarh, Punjab, and Spain, unveiling a tapestry of shared heritage and innovative design. The event witnessed the convergence of esteemed guests and luminaries from the realms of academia, architecture, and diplomacy. Dr. Ar. Ernesto Enrique Echeverria Valiente, Director of the Department of Architecture at the University of Alcala, graced the occasion with his presence, alongside Ar. Charanjit S. Shah from the Creative Group, Delhi, and Dr. Ar. Rosa Cervera and Flavio Celis D'Amico, professors from Alcala University. Additionally, the esteemed presence of H.E. Mr. Dinesh K Patnaik, Ambassador of India to Spain, added a touch of diplomatic flair to the event. The gathering also welcomed 35 talented minds from Spain, further enriching the exchange of perspectives and ideas. Against the backdrop of LPU's vibrant campus, ALECS 2024 became a melting pot of creativity, fostering meaningful dialogues and forging lasting connections across borders. At the heart of the event were enriching conversations and discussions on Architectural Linguistics of Education, exploring the intersection of language, culture, and design pedagogy.

Alumni Achievement: Surinder Singh Selected for U Mumbai in Pro Kabaddi League

We're thrilled to announce that Mr. Surinder Singh, a distinguished BPES graduate from our School of Physical Education, has been selected to join the prestigious Pro Kabaddi League team, U Mumbai.

Surinder Singh's exceptional talent and dedication have rightfully earned him this spot in the league. We extend our heartfelt congratulations and best wishes for a successful career ahead.



Let's celebrate Surinder Singh's achievement and wish him all the best as he proudly represents our alma mater on the kabaddi field. Surinder Singh's journey is a testament to his hard work and passion for the sport. We look forward to cheering him on as he makes us proud on the kabaddi stage.

From BPES graduate to Pro Kabaddi League star! Congratulations Surinder Singh!

Yatin received a prestigious cash award of Rs 2 lakh, bringing laurels to the

National Youth Parliament Triumph: LPU Scholar Yatin Bhaskar Duggal Secures Top Prize at Prestigious Event



The Central Hall of the Indian Parliament recently hosted the National Youth Parliament Festival, organized by the Ministry of Youth Affairs and Sports, Government of India. LPU's MA (History) student, Yatin Bhaskar Duggal, clinched the top prize, impressing dignitaries like Lok Sabha Speaker Shri Om Birla and Union Minister Shri Anurag Thakur. Yatin's exemplary performance, reflecting a profound understanding of parliamentary proceedings, earned him a cash prize of Rs 2 lakh. LPU's Honorable Founder Chancellor, Dr. Ashok Kumar Mittal, commended Yatin's achievement and encouraged students to follow suit. This festival, encompassing 785 districts nationwide, showcases the prowess and potential of India's youth.

Gavelled 2024: A Legal Spectacle

The Grand Finals of the 5th Gavelled: National Moot Court Competition, held at Lovely Professional University's Shanti Devi Mittal Auditorium, showcased the pinnacle of legal brilliance. With eminent acting judges from High Courts, including Hon'ble Dr. Justice Pushpendra Singh Bhati and Hon'ble Justice Nitin R. Borkar, leading the proceedings, the event elevated legal discourse to unprecedented heights. Amidst this atmosphere of intellectual rigor, outstanding performers were celebrated for their excellence. Shreyash Dube of Dr. B.R. Ambedkar National Law University, Sonapat, was awarded Best Researcher, while Symbiosis Law School, Pune, received recognition for Best Memorial. Jasmeen Kaur from St. Soldier Law College, Jalandhar, stood out as the Best Speaker. The competition saw Punjab University Regional Campus, Ludhiana, as the Runner-up Team, with Christ University Bangalore emerging as the victorious team. As the event concluded, gratitude filled the auditorium, acknowledging the dedication of all 52 participating teams. Their commitment was hailed as instrumental in fueling the growth and vibrancy of the legal community, serving as an inspiration for future endeavors.



Enhance Your **Memory**: Insights from a Neuroscientist

Consistent routines can aid in improving memory retention, and perhaps even reduce instances of misplacing everyday items

According to neuroscientist Charan Ranganath, there are simple habits that can be practiced regularly to enhance memory and prevent common forgetfulness moments. Ranganath, the director of the Memory and Plasticity Program at the University of California, Davis, suggests that improving memory isn't about retaining every detail, but rather focusing on what's important. Here are four strategies he recommends:

- 1. Use your expertise as a filter:** Ranganath explains that being knowledgeable in a particular area allows us to quickly filter new information and identify manageable segments to remember. This expertise helps us "chunk" information effectively, making it easier to recall later.
- 2. Stay focused:** Multitasking can hinder memory retention, as shifting focus comes with a "switching cost." Ranganath advises prioritizing attention and intention, focusing on one task at a time to maximize retention.
- 3. Use your senses:** Engaging with sensory information—sights, smells, sounds—can create lasting memories. Ranganath suggests paying attention to sensory details in the moment, as they can aid in recalling information later, especially when trying to locate misplaced items.



In addition to these strategies, ensuring adequate sleep and taking regular breaks to reflect on information can further support memory function. Ranganath emphasizes the importance of these pauses, which allow for memory strengthening and prioritization of information intake. By incorporating these habits into daily routines, individuals can enhance their memory capacity and minimize instances of forgetfulness.

Current Affairs 2024 - March 2024

1. In which sport, both Indian men and women have qualified for the Olympics based on the world ranking?

Ans: Indian men and women team has been qualified for Olympics on the basis of world ranking.

2. Who took oath as the 24th Prime Minister of Pakistan?

Ans: Shehbaz Sharif took oath as the 24th Prime Minister of Pakistan.

3. Where was India's 1st green hydrogen plant established in the stainless steel sector?

Ans: Jindal Stainless Limited which is the India's 1st green hydrogen plant in the stainless steel sector was inaugurated at Hisar, Haryana.

Here's a list of Important Upcoming Exams and Application Dates:

1. Andhra Pradesh State Eligibility Test (APSET)
 - Application Process: March 16, 2024
 - Exam Date: April 28, 2024
2. Staff Selection Commission Combined Higher Secondary Level Exam (SSC CHSL)
 - Application Process: April 2, 2024 - May 1, 2024
3. Union Public Service Commission Central Armed Police Forces Exam (UPSC CAPF)
 - Application Process: April 24, 2024 - May 14, 2024
 - Exam Date: August 4, 2024
4. Combined Defence Services Examination (CDS)
 - Application Process: May 15, 2024 - June 4, 2024
 - Exam Date: April 21, 2024
5. National Defence Academy & Naval Academy Examination (NDA)
 - Application Process: May 15, 2024 - June 4, 2024
 - Exam Date: April 21, 2024
6. Central Teacher Eligibility Test (CTET)
 - Application Process: March 7, 2024 - April 2, 2024
 - Exam Date: July 7, 2024
7. Maharashtra State Eligibility Test (Maha SET)
 - Exam Date: April 7, 2024
8. Odisha Public Service Commission Judicial Services Exam (OPSC Judicial Services Exam)
 - Application Process: March 20, 2024 - April 20, 2024
9. Madhya Pradesh Forest Service Exam (MPPSC SFS Exam)
 - Exam Date: April 28, 2024



Achiever's Gallery

Himanshu Jindal, a third-year B.Tech CSE student, possesses an extraordinary flair for public speaking that transcends academic boundaries. From a young age, his passion for eloquence has propelled him to remarkable heights, earning him accolades both within his university and on national platforms. Recently, he clinched the gold medal in Debate and Installation at the AIU North Zone Youth Festival and graced the stage as a keynote speaker at the prestigious Bharatiya Chhatra Sansad 2024, sharing platforms with esteemed dignitaries. His victories, including triumphs at the New India Debates and the Punjab State Youth Festival, underscore his exceptional talent and dedication. Beyond competitions, Himanshu's influence extends to hosting over 150 events, from honoring armed forces to organizing monumental gatherings like Delhi's largest Cycle Marathon. Through his leadership of the student organization "Ortus," he fosters youth engagement, all while humbly crediting his achievements to the unwavering support of his parents and the invaluable guidance of his mentors. Himanshu's journey serves as a testament to the transformative power of passion, perseverance, and unwavering dedication.



Harvesting Excellence: The LPU Agricultural Chronicle

Nestled in the vibrant city of Jalandhar, Punjab, Lovely Professional University (LPU) stands as a beacon of academic excellence, offering a diverse range of programs tailored to meet the evolving needs of society. Among its many offerings, the study of agriculture emerges as a dynamic and pivotal field, aligning with LPU's commitment to fostering innovation, sustainability, and holistic development.

Here agricultural studies are more than just a curriculum; they embody a transformative journey that equips students with the knowledge, skills, and perspectives needed to navigate the complexities of modern agriculture. Through a blend of theoretical insights, practical experience, and experiential learning opportunities, students delve into the multifaceted realms of agronomy, agribusiness, agricultural engineering, and beyond.

One of the hallmarks of agricultural studies at LPU is its interdisciplinary approach, which transcends traditional disciplinary boundaries to address contemporary challenges holistically. Whether it's exploring innovative farming techniques, analyzing market trends, or delving into policy frameworks, students are encouraged to adopt a multifaceted lens that embraces the interconnectedness of agriculture with environmental, social, and economic dimensions.

Hands-on learning lies at the heart of LPU's agricultural programs, with state-of-the-art facilities and research laboratories providing students with a platform to apply theoretical concepts in real-world settings. From field experiments and agricultural extension programs to industry internships and entrepreneurial ventures, students are empowered to translate classroom knowledge into tangible solutions that drive positive change in the agricultural landscape.

Furthermore, through initiatives such as the Startup School and the Center for Innovation and Entrepreneurship, students are encouraged to explore their creative potential, develop innovative solutions, and catalyze transformative ventures that address pressing agricultural challenges and unlock new opportunities for growth and sustainability. Beyond the classroom, LPU's agricultural community thrives on collaboration, diversity, and inclusivity. With a vibrant ecosystem of students, faculty, researchers, and industry partners, the University provides a nurturing environment where ideas flourish, perspectives intersect, and collective endeavors thrive. Through collaborative research projects, industry-academic partnerships, and community engagement initiatives, in conclusion, the study of agriculture at Lovely Professional University embodies a rich tapestry of academic rigor, experiential learning, and transformative opportunities. With a commitment to excellence, innovation, and sustainability, LPU prepares students to become catalysts for change, leaders in their fields, and stewards of a more prosperous and resilient agricultural future. As we embark on this journey of discovery and innovation, it continues to inspire, empower, and transform lives through the power of agricultural education.



Featured by : Aman Kumar Awasthi

Celebrating Innovation: PM Modi Presents National Creators Award 2024

In a remarkable ceremony held at the Bharat Mandapam Convention Centre in Delhi on March 8, 2024, Prime Minister Modi bestowed the prestigious National Creators Award 2024 upon a cohort of outstanding digital creators. This groundbreaking event marked the inaugural edition of the awards, dedicated to recognizing the ingenuity and positive impact of online content creators. Launched by the Indian government, the National Creators Award 2024 serves as a platform to empower and celebrate the contributions of creators who inspire and uplift through their digital content. With an overwhelming response, the awards garnered an impressive 1.5 lakh nominations across 20 distinct categories. LPU's BSc Hons Agriculture student, Sunidhi Singh was declared one of the top ten Best Micro Creators. LPU's Founder Chancellor Honorable Dr Ashok Kumar Mittal, MP Rajya Sabha congratulated the prestigious nomination winning student and her mentors at the LPU for the illustrious achievement in the co-curricular field. Dr Mittal also advised all other students to be a great part of the fast changing era. Prime Minister Modi personally honored the winners.



Here are the winners of the National Creators Award 2024 honored by the Honorable Prime Minister:

1. Most Creative Creator award – Male: RJ Raunac
 2. Most Creative Creator award – Female: Shraddha Jain
 3. Best creator in the food category: Kabita Singh
 4. Green champion category award: Pankhti Pandey
 5. Best Storyteller award: Keerthika Govindasamy
 6. Heritage Fashion Icon Award: Jahnvi Singh
 7. Cultural Ambassador of the Year: Maithili Thakur
 8. Best creator in the tech category: Gaurav Chaudhary
 9. Best creator in the education category: Naman Deshmukh
 10. Best Health and Fitness Creator Award: Ankit Baiyanpuria
 11. Favorite travel creator: Kamiya Jani
 12. Disruptor of the year award: Ranveer Allahbadia
 13. Best Celebrity Creator – Aman Gupta
- Congratulations to all the winners of the National Creators Award 2024, for their exceptional achievements across a diverse spectrum and innovation.

From the Hostel Sneak Peek: Fruit salad or fruit chaat

You will need:

1. 1 cup seasonal fruits (chopped)
2. 1 tsp seeds and nuts trail mix
3. 1 tsp pepper powder
4. 1 tsp lemon juice
5. Salt, to taste

How to:

1. Place all the chopped fruits in a mixing bowl. You can add fruits such as apple, papaya, banana, mango, muskmelon, dragon fruit, blueberries, and kiwi.
2. Next, add salt, lemon juice, pepper powder, and trail mix to these fruits.
3. Toss the mix a couple of times so that everything gets mixed properly.
4. Serve immediately as a delectable midday snack



This speedy salad is a breeze to put together, needs no time on the stove, and delivers a nutritious and fulfilling meal. Feel at liberty to personalize your salad with extra ingredients or toppings to suit your palate.

LPU Celebrates Remarkable Victory: Triumph at Khelo India University Games 2023 Sparks Olympic Dreams



The campus buzzed with excitement as athletes were welcomed with lively processions and bhangra beats. LPU's exceptional sportsmanship was evident with a total of 42 medals - 20 Gold, 14 Silver, and 8 Bronze - across nine sports. Our Honorable Founder Chancellor, Dr. Ashok Kumar Mittal, and Worthy Pro Chancellor, Mrs. Rashmi Mittal, praised LPU's athletes for securing the Overall First Runner Up Trophy at Khelo India University Games 2023, heralding a promise of reaching for the stars at the Olympics.

Building Community and Skills: The Significance of LPU's Inter Hostel Sports Tournament 2024



Congratulations to our LPU Sports Team for clinching medals and

The thrilling start of LPU's Inter Hostel Sports Tournament 2024 brought excitement to the hostellers. The Worthy Pro-Chancellor Mrs. Rashmi Mittal inaugurated the event by hoisting the LPU Flag, commending teams and mentors while Mr. Pradeep Kumar HD Division of Residential Services LPU, and wardens were acknowledged for their efforts.. The Inter Hostel Sports Tournament 2024 is a significant event for LPU, fostering a sense of community and camaraderie among hostellers. It also serves as a platform for students to develop leadership skills, teamwork, and discipline, which are essential for their personal and professional growth

AIU Hockey Championship 2023-24: Celebrating Champions and Top Players



Our team emerged victorious in the AIU Hockey Inter Zonal Championship 2023-24, with standout players like Harmanpreet Singh, Gurjot Singh Sanga, Dilraj Singh, Chetha.mk, and Akashdeep Singh recognized for their exceptional performance runner-up spot.

Victory in Vizzy: LPU Cricket Stars Shine Bright



We congratulate our university cricket stars, Vikrant Rana and Deepin Chitkara, for their remarkable achievement in winning the prestigious Vizzy Trophy, a tournament endorsed by BCCI. Deepin Chitkara's magnificent unbeaten score of 110 runs stands as a shining testament to their unparalleled skill and unwavering determination. Additionally, Vikrant's outstanding bowling performance in the finals was simply unmatched, with figures of 4/41.

School of Physical Education Clinches Resounding Win in Kabbadi Clash with Mittal School of Business



In a display of sheer prowess and skill, the School of Physical Education emerges triumphant in a thrilling Kabbadi Men Inter-School Match against the formidable Mittal School of Business. With an emphatic score of 43/12, they assert their dominance on the court, showcasing their excellence in this traditional sport.

Their victory not only highlights their dedication to physical fitness and sportsmanship but also underscores the importance of sports in fostering camaraderie and healthy competition among students.



LPU Student Secures Landmark **52.08 Lacs CTC with Microsoft**: A Testament to Excellence



In celebrating Yashasvi's achievement, we recognize the dedication and hard work that has led to this outstanding accomplishment. This success story reflects not only Yashasvi's individual brilliance but also the unwavering support and guidance provided by the LPU community.

Yashasvi's journey serves as an inspiration to all aspiring students, demonstrating that with determination and perseverance, incredible opportunities await. As the University continues to foster a conducive environment for learning and growth, we are confident that many more students will embark on similar journeys to realize their professional aspirations. Let's applaud Yashasvi for making strides towards her dreams, showcasing the limitless possibilities that lie ahead with Lovely Professional University's unparalleled support and resources.

Exemplary Alumni Achievement: Nistara Singh Chawla's Path to Excellence



are featured in prestigious journals like Lancet SEAR series. Notably, Nistara's project "HAPTIBO" won first prize at the Neuro-ReHack, showcasing her commitment to innovative rehabilitation solutions. Active in global stroke rehabilitation initiatives, she continues to excel academically while pursuing a Ph.D. at Manipal Academy of Higher Education, embodying excellence in research and academia. Her exclusive work includes her research findings at esteemed events such as IFNR 2023, World Stroke Congress in 2022 and 2023, and ESOC 2023.

Nistara Singh Chawla, an alumna of the School of Allied Health Sciences, completed her Master of Physiotherapy in Neurology in 2021. Her outstanding contributions include pivotal involvement in the 'AVERT-DOSE' trial and authoring numerous peer-reviewed papers, three of which

"Nistara Singh Chawla: Forging a Trailblazing Path to Excellence"

Alumni Spotlight: Ruchitkumar Bhupatbhai Lathiya Shines in Neurology



In the illustrious annals of the School of Physiotherapy, a shining star emerges in the form of Ruchitkumar Bhupatbhai Lathiya, an esteemed alumni of the MPT (Neurology) program. His journey through LPU stands as a testament to the power of determination and unwavering dedication in the pursuit of excellence. Armed with perseverance and a relentless spirit, he

emerged triumphant in his pursuit of knowledge and skill. Ruchitkumar's achievements speak volumes of his commitment to his field. He has successfully completed the Proprioceptive Neuromuscular Facilitation Technique (PNF) Levels 1 & 2 accredited by the International PNF Association (IPNFA), showcasing his expertise in this specialized area. Additionally, his mastery extends to the field of Neurodevelopmental Treatment (NDT) accredited by the International Bobath Instructors Training Association (IBITA), further solidifying his reputation as a proficient practitioner in neurology.

Alumni Triumph: Dr. Navjot Singh Saini(PT) Shines in Physiotherapy Arena

Dr. Navjot Singh Saini(PT), a distinguished alumnus of the Bachelor of Physiotherapy (BPT) program at the esteemed School of Physiotherapy (Allied Medical Sciences) during the period of 2008 to 2012, has left an indelible mark on the field of physiotherapy through his exemplary contributions, earning him a cascade of prestigious accolades. His journey to excellence reached new heights at the 61st National Conference held in Dehradun from March 8th to 10th, 2024, where he was bestowed with the coveted "Significant Contribution Award" by none other than the esteemed Indian Association of Physiotherapists. This prestigious recognition underscores Dr. Saini's unwavering commitment to pushing the boundaries of physiotherapy, his relentless pursuit of excellence, and his steadfast dedication to advancing the field for the betterment of patients and practitioners alike.



LPU Students Shine Bright at Techfest Advitya, Securing Multiple Wins



In a dazzling display of talent and ingenuity, students from Lovely Professional University (LPU) recently left an indelible mark at Techfest Advitya, hosted by IIT Ropar, emerging victorious across multiple categories. Their stellar performance in events like RoboSoccer, Full Throttle, Skyward Dynamics, and Sky Masters not only secured triumph but also showcased their unwavering dedication and exceptional skills.

This monumental win stands as a testament to the robust practical exposure provided by LPU's cutting-edge campus infrastructure. It serves as a testament to the institution's commitment to nurturing well-rounded individuals equipped with the skills and innovation necessary to excel in today's competitive world.

As we bask in the glory of our ProudVertos' achievements, let us extend our sincerest congratulations and heartfelt wishes for their continued success in all their future endeavors. May their journey be filled with even more triumphs and accolades, and may they continue to inspire and lead by example in the realms of academia, innovation, and beyond. Here's to celebrating not just their victories, but the boundless potential that lies ahead for each and every one of them.

Celesta: A 24 hour Hackathon



Inaugurated by Worthy Pro-Chancellor of LPU, Mrs. Rashmi Mittal alongside distinguished figures including Dr. Lovi Raj Gupta, Pro-Vice Chancellor, Dr. Sorabh Lakhanpal, the Senior Dean and Head Student Welfare Wing and Dr. Neeta Raj Sharma, the Celesta Hackathon unfolded as a captivating 24-hour event, dedicated to tackling challenges across Bioengineering, Biosciences, Pharmacy, and Agriculture. Guided by a panel of 15 esteemed jury members, the event drew participation from over 120 teams representing diverse backgrounds. As the curtains fell on this riveting journey brimming with innovation and creativity, the closing ceremony, spearheaded by Dr. Lovi Raj Gupta, marked a momentous conclusion. Celebrating excellence, Team Tech-Titans (CL 78) & Team HELA (CL 95) emerged as joint winners of Celesta, while the accolade of 1st Runner Up was shared by Team Code Curry (CL 05) & Team Hexers (CL 29). In a testament to the remarkable talent showcased, Team Nirvana (CL 140) & Team Prodigy (CL 129) claimed the title of 2nd Runner Up, igniting applause and admiration throughout the event.

Commendation for Innovation: Saumya Mihir Introduces Revolutionary Laundry "Washing Basket"

We extend our sincere congratulations to the forward-thinking team led by Saumya Mihir for spearheading the innovative "Washing Basket" laundry solution within our campus. Dr. Sorabh Lakhanpal, Senior Dean, and Head of the Student Welfare Wing, has expressed admiration for the entrepreneurial drive exhibited by this emerging business visionary.



Revolutionizing Laundry: Saumya Mihir's Groundbreaking Washing Basket

Additionally, we recognize the invaluable support provided by the Department of Entrepreneurship, a department committed to nurturing students' aspirations and empowering them to pursue their dreams. The inception of the "Washing Basket" initiative marks a significant milestone in our campus community. It not only addresses a pressing need for convenient laundry services but also showcases the entrepreneurial spirit thriving among our students. Saumya Mihir and the team have demonstrated remarkable foresight and determination in bringing this idea to fruition, embodying the ethos of innovation and initiative that we strive to cultivate within our institution.

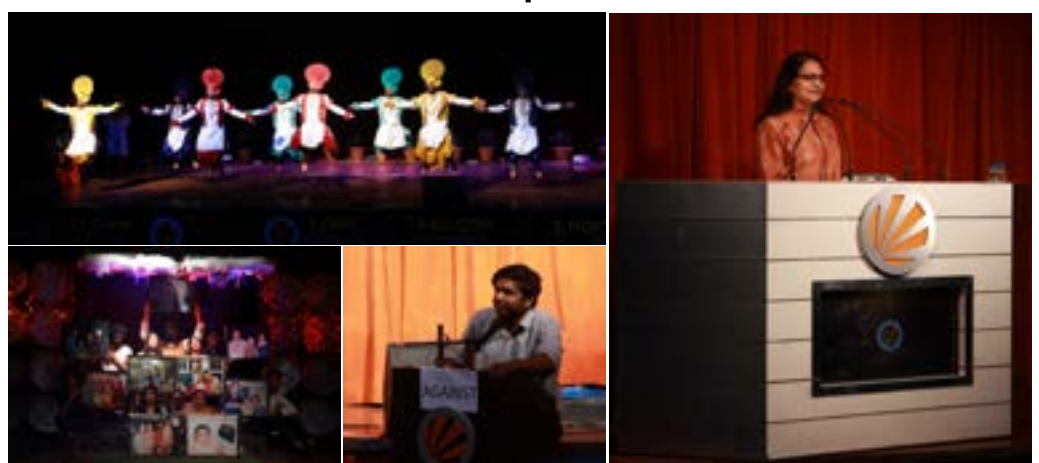
Harmonious Hues: Embracing Diversity in Timeless Holi Celebrations

From the annals of our history to the screens before you, our Holi celebrations transcend mere splashes of color; they embody a tapestry of diversity and unity. Over the years, our Holi festivities have evolved beyond a single day, weaving together students from various corners of the globe in a vibrant tapestry of joy. Commencing with the resonance of Shayari and poems steeped in the hues of Holi, our celebrations crescendo into cultural dances, painting the canvas of our gathering with exuberance. As the colorful revelry unfolds, even our international guests find themselves enchanted by the vivacity of the occasion. Indeed, the allure of this festival lies not only in the hues that adorn us but in the collective joy it ignites, resonating across boundaries and cultures, rendering our celebrations truly enchanting.



In essence, Holi celebrations are a testament to the power of unity in diversity. They remind us that despite the myriad of cultures and traditions that color our world, we are all connected by our innate desire for happiness and belonging. So, as we come together to celebrate Holi each year, let us revel in the beauty of our diversity and the bonds that unite us, weaving a tapestry of joy that transcends borders and lasts for generations to come.

Celebrating Women's Day: A Cultural Spectacle at the University Campus



On the auspicious occasion of Women's Day, our talented artists orchestrated a mesmerizing cultural extravaganza at the University campus, leaving the audience entranced. The performances, centered around women's empowerment, spanned a diverse spectrum, ranging from soul-stirring solo singing to intellectually stimulating debates. Traditional Kathak dance captivated onlookers with its grace, while spirited Bhangra performances had everyone tapping their feet in unison. The esteemed Pro Chancellor, Mrs. Rashmi Mittal, showered praise upon the participants, commending their dedication and inspiring all women to persevere in every facet of life. Her words resonated deeply, serving as a beacon of encouragement for all present. (A collage of Women's Day Celebrations on the last page)

Puzzled!!!

Unscramble the following list of shuffled words to meaningful words!

- ITABUEULF
- RVAEB
- BHGTIR
- LACM
- HIMACNRG
- ECLRVE
- ODUSCLEII
- TEENGCEIR
- REIFYNDL
- AHYPP
- LINTIETELNG
- OLFJYU
- LVELOY
- LECAEPUF
- FPUEWLRO
- RTSMA
- ORSTGN
- EDTNTLEA
- ARWM
- OEUNRWDLF

Lessons Beyond Books

In halls of learning, young minds awake,
To the world of knowledge, their futures at stake.
Through lessons and laughter, friendships are sown,
In the fertile fields where thought has grown.

Teachers guide with a gentle hand,
In this journey of life, they help us stand.

School is more than just a rule,
It's the canvas where life's vivid colors are pooled.

Cherish these days of discovery and fun,
For the time in school swiftly runs.
Embrace each moment, let curiosity unfurl,
These are the days that shape your world.

Alvin Kwesi Awuku Akoamah
B. Tech Computer Science and Engineering

The Beauty of Mountains: A trip to Maa Chintpurni



"The mountains are calling, and I must go." – John Muir

The lines by John Muir detailed my curiosity to approach Maa Chintpoorni. The temple is situated over a height of 41 KM from ground level in the Una district of Himachal Pradesh (HP), India. It is in remote areas of Una. This temple has very religious importance in Hindu mythology. Considered one of the most important among 51 Shaktipeethas, it is believed the head of Goddess Shakti fell at Chintpurni. Due to its incredible mind-blowing beauty and its religious importance attracts the tourists from all over India. Meanwhile, Himachal Pradesh is also known for adventure tourism and the overwhelming beauty of the Himalayas. We planned this trip just one and a half hours before departure. It was unplanned and unexpected. It is said that all the unexpected trips are more adventurous than planned.

The same thing happened to me too. I planned this trip with my friend Aadi, who is always with me in my every sudden decision. We two departed from here at 10 AM and we decided to complete our journey by bus rather than train. My experiences demonstrates that the journey by bus is more adventurous than the train. The decision to go by bus was amazing and adventurous but I was unaware of what was going to happen to me. I was badly affected by altitude sickness as soon as the bus was ascending to the high mountain range of the Himalayas.

It took about three hours to the distance of 50 KM. The speed of the bus was nearly about 20-25 km/hour. By crossing all the hurdles we were at the top by 3 PM. Now, we were in haste as we had to return to our lodging on the same day before sunset. The sunset of Hilly areas is very frequent. You can witness it before one hour as compared to normal areas. The main Prasad of the temple was Halwa and Nariyal. After taking it, we were lined over the steps of the temple for darshan. The line of devotees was very long even in midday. While standing in lines we were encountering the shops and stalls near the lines of devotees. The vendors were selling bangles, chunries and various sets of Joda for married women. Finally, after one hour of rush, we were in the front of Maa. Chintpoorni.

Our eyes were dwelled with tears at first sight of Maa. We bowed on the floor in the fourth of Maa and prayed for well-being. Now it was the time to encounter the scenic beauty of the Himalayas. After taking tea and snacks, we started to ascend more to get the free and silent space for peace of mind. We found a spot where we had to stay to get into the adventuring vibes of the Himalayas. We were facing the deep valley of the Himalayas. The temperature was falling as we were approaching the Sunset. The bleak and bitter snowy air was penetrating our clothes. The glory of the Himalayas earth is incomparable. The Himalayas are unique examples of beauty, peace, austerity, spirituality, eco-yoga and creativity. The Himalayas are an extraordinary environment of biological diversity, cultural diversity and linguistic diversity.

Standing firmly vertical, the mountains defy the gravity of the Earth and peek out from the sky. Himalayas in every aspect of their uniqueness seem completely different from this world. Himalayas are picturesque islands of the sky. Now it was the time to explore in diverse local market of Una (H.P.). We purchased very new things like a Himachali Cap and Shawl in which we witnessed the embroidery with different designs along with it we took a couple of birds resting in hanging nest. After exploring we decided to move downwards because we didn't have proper clothes to get rid from the bleak and bitter cold of the Himalayas. After all, we boarded the bus by 7:30 PM and reached home enjoying Himachali folk songs.

Lastly, I would like to add that among the mountains of the world, the Himalayas hold a distinctive image in the human mind: the youngest, tallest, most beautiful, panoramic and picturesque mountain range from a geological point of view. The scenic beauty and experiences of Himachal still dwell in my mind when it is free. It gives me immense pleasure and relaxes me from anxiety and stress while the memories flashes over my eyes.

From the pen of,

Aman Kumar Awasthi

B.Tech Food Technology

Writing your thoughts help you to grow strong

LOVELYWORLD

Editorial
Student Welfare Wing
Email: lovelytv@lpu.co.in

Designed by
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(Division of Art and Culture)

To make a contribution to Lovely World or any kind of suggestion or query you email us at lovelytv@lpu.co.in

Laugh out Loud!!!

1. Why did the bicycle fall over?
Because it was two-tired!
2. How many tickles does it take to get an octopus to laugh?
Ten tickles
3. Why doesn't Dracula have any friends?
Well, honestly, he's a real pain in the neck.
4. Did you hear about the painter who was hospitalized?
The doctors say it was due to too many strokes.
5. Why are crabs so bad at sharing?
Because they're all shellfish.

अपनापन

किसी ने पूछा मुझसे ये अपनापन क्या है दिखाते तो सब है पर निभाते कोई कैसे पता लगेगा अपनो का और अपनेपन का मैंने कहा सुनो

अपनापन वो है जो जज्बात को समझे...!
अपनापन वो है जो एहसास को समझे...!
मिलते हैं यहाँ, बहुत अपना कहने वाले.. पर अपना वो है, जो बिन कहे तुम्हारी हर बात को समझे.....!
अपनापन गहरा हो या न हो पर भरोसा बहुत गहरा होना चाहिये..!
अपना वही अपना होता है जिसके अच्छे साथ से किसी का देखने का नजरिया बदल जाये अपना वही होता है जिसकी संगत से चेहरे की रंगत बदल जाये...!!

समझे या और समझाए

#अंजू

जिंदगी सुनो

बदलते वक्त के साथ बदलती जा रही हूँ बुरी थी अच्छी थी जैसी भी हूँ बढ़ती जा रही हूँ

अपना किरदार भूल कर भी याद आता है अपनी किताब का पन्ना जब रातों को पलटा जाता है

किसी को दोष नहीं देने की कला मुझको आई नहीं अपने आप को पढ़ने के बाद कहने की कला मुझको आई नहीं

जैसे भी ये वक्त चला रहा मैं चलती जाऊंगी वक्त जब सही होगा तब थोड़ा बहुत मुस्कुराऊंगी

जिसे हाथ पकड़ाऊ वो पकड़ कर छोड़ जाता है ये वक्त की रफ्तार है अपने आप बदल जाता है

आईने में जब भी देखा खुद को संभाला है ये मेरी जिंदगी है हर पल खुद को बताया है

थोड़ा घबराती हूँ फिर धीरे धीरे खुद को समझाती हूँ ये जिंदगी तुझे किसी तरह मैं बिताती हूँ

#अंजू

गर्व मुझे इस भारत भू पे मैंने इस पर जन्म लिया, इसकी गोद में खेला हूँ और इसने ही तो बड़ा किया। ये माटी है स्वर्ग से प्यारी रज-रज में उत्साह भरा, इस का कण- कण रक्त से रंजित इसीलिए यह उर्वरा।

इस में मांओं के आंसू हैं और कोख के अंकुर हैं, इस में कितनी विधवाओं के दफन हुए रणबाकुर हैं। इस में दुध मुँहे बच्चों की लाशें और किलकारी हैं, इस मिट्टी पर वीर भगत और शेखर भी बलिहारी हैं।

इस मिट्टी ने जानें कितने योद्धाओं को जन्म दिया, इस मिट्टी ने कभी किसी भू-भाग पे हमला नहीं किया। इस मिट्टी ने संस्कार की परिभाषा सिखलाई है, इस मिट्टी ने अतिथि देवो भवः की ज्योत जलाई है।

इस मिट्टी का रंग सुनेहरा विविताओं के कारण है, इस मिट्टी का बच्चा-बच्चा सारे युग का चारण है। इस मिट्टी ने सदाचार का फूल खिलाया हरदम, इस मिट्टी ने अंतरिक्ष पर झण्डा लहराया हरदम।

~धीरेंद्र सिंह

काश

काश कि हम मिले ना होते

काश मेरे नयन तेरे नयनों से लड़े ना होते, काश कि तू मुझे देख यूँ मुस्कुराई ना होती, काश तू हल्की सी शर्मायी ना होती, काश तेरी जुल्फे यूँ नज़ाकत दिखाती नहीं, काश तेरी लटें आंखों के सामने आती नहीं, काश तेरी अदाओं पर मेरा दिल धड़कता नहीं, काश तुम्हें यूँ एक दफा देखने को मैं तरसता नहीं काश मेरे दिल में बसी तेरी वो पहली झलक ना होती,

काश तुम्हें यूँ रोज-रोज़ देखने की तलब ना होती, काश तुझे देख मेरे चेहरे पर बारह ना बजते, काश तुझसे बात करने को हम रातों को ना जागते , काश तेरे online आने का इंतज़ार ना होता, काश तेरा message देख यूँ ही दिल बेकरार ना होता,

काश तुझे देखते थकी मेरी पलक होती, काश मेरी जिंदगी में कोई मलक होती, काश तेरे मिलने की मुझे आस ना होती काश मेरी जिंदगी यूँ ही काश ना होती

किशन कुमार

Solution

Unscramble the following list of shuffled words to meaningful words!

ITABUEULF	B E A U T I F U L
RVAEB	B R A V E
BHGTIR	B R I G H T
LACM	C A L M
HMACNRG	C H A R M I N G
ECLRVE	C L E V E R
ODUSGLEI	D E L I C I O U S
TEENGCEI	E N E R G E T I C
REIFYNDL	F R I E N D L Y
AHYPP	H A P P Y
INTRETLNG	I N T E L L I G E N T
OLFYU	J O Y F U L
LVELOV	L O V E L Y
LEGAEPUF	P E A C E F U L
FPUEWRO	P O W E R F U L
RTSMA	S M A R T
ORSTGN	S T R O N G
EDNTLEA	T A L E N T E D
ARWM	W A R M
OEUNRWOLF	W O N D E R F U L

Result of last month's opinion : 70% students were excited to have the prestigious Grammy Award in the country.

रंगों में सराबोर है आज मन, भावनाओं का गहरा सम्पूर्ण। हर कोई छलिया बना, घूम रहा है, चेहरे पर रंगों की बौछार है।

हर एक की पहचान, एक सी है, सब कुछ मिलकर बनता एक संगीत। जीवन का रंग, बदल रहा है, सब मिलकर रंगों में गुम हैं।

गिले शिकवे भूला सबको, जीने का नया मतलब सिखाया। रंगों की हवा ने रख बदल सबको आप से तुम कर दिया बेतखलुख सा माहौल हो गया सरोबार हो तुम में मैं महक उठा फूलों सा

ना फिर मैं मैं रहा ना तुम तुम रहे समां कुछ इस तरह बदल दिया हां इस होली ने तो हमें अपना ही बना लिया

वंदना काकड़िया

LPU NSS Unit Ekansh Extends Helping Hand by Distributing 300 Pairs of Shoes to Needy People



small acts of kindness have an immense impact on someone's life

Lovely Professional University's National Service Scheme (NSS) planned a Steller campaign known as "Joy of Giving-Shoes Donation". This project tried to provide shoes to individuals in need. The youngsters participated with great enthusiasm and showed great compassion and charity. The event occurred at Bridha Ashram, Jalandhar. LPUNSS Unit Ekansh donated 300 pairs of shoes which resulted in smiles on the recipient's faces, which spanned the age of elders and were genuinely delightful.

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Fond Farewell: LPU Honors Subedar Hardayal Singh for Dedication to NCC Department



Subedar Hardayal Singh, a cherished member of Lovely Professional University's esteemed NCC department, bids farewell as he embarks on a new journey, leaving behind a profound impact on the institution and its community. In a deeply moving ceremony held to commemorate his service, colleagues and students gather to express their heartfelt gratitude and admiration for his unwavering dedication.

Dr. Rajesh Verma, Head of the NCC Department, takes the stage to offer his heartfelt tribute to Subedar Hardayal Singh. With genuine admiration, Dr. Verma acknowledges Subedar Hardayal Singh's exceptional leadership qualities and the profound influence he has had on the cadets under his tutelage. His dedication to instilling discipline, integrity, and patriotism has left an indelible mark on the NCC department and the students it serves.

As Subedar Hardayal Singh prepares to embark on his next adventure, his departure marks the end of an era in the NCC department. Yet, it also signifies the beginning of a new chapter, filled with endless possibilities and opportunities. While his presence will be deeply missed, his legacy of excellence and inspiration will continue to resonate within the LPU community for years to come. As colleagues and students bid farewell to Subedar Hardayal Singh, they do so with heartfelt gratitude and best wishes for the journey ahead. His departure serves as a poignant reminder of the profound impact individuals can have on the lives of others and the enduring legacy they leave behind. In honoring Subedar Hardayal Singh's service, LPU reaffirms its commitment to celebrating and recognizing the contributions of its esteemed members.

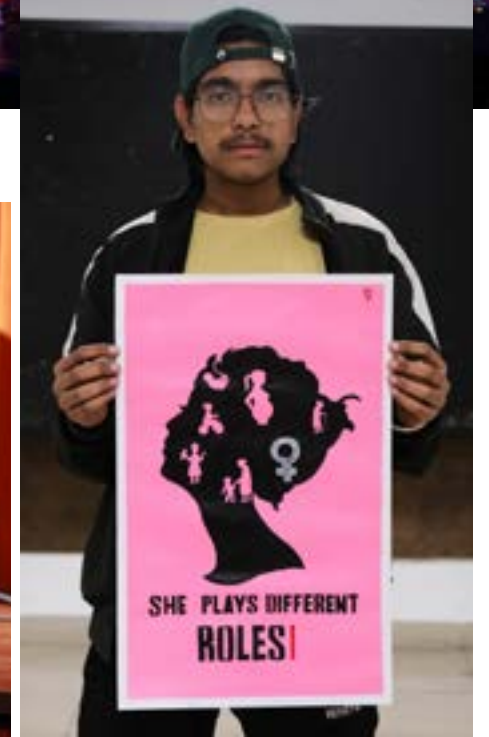
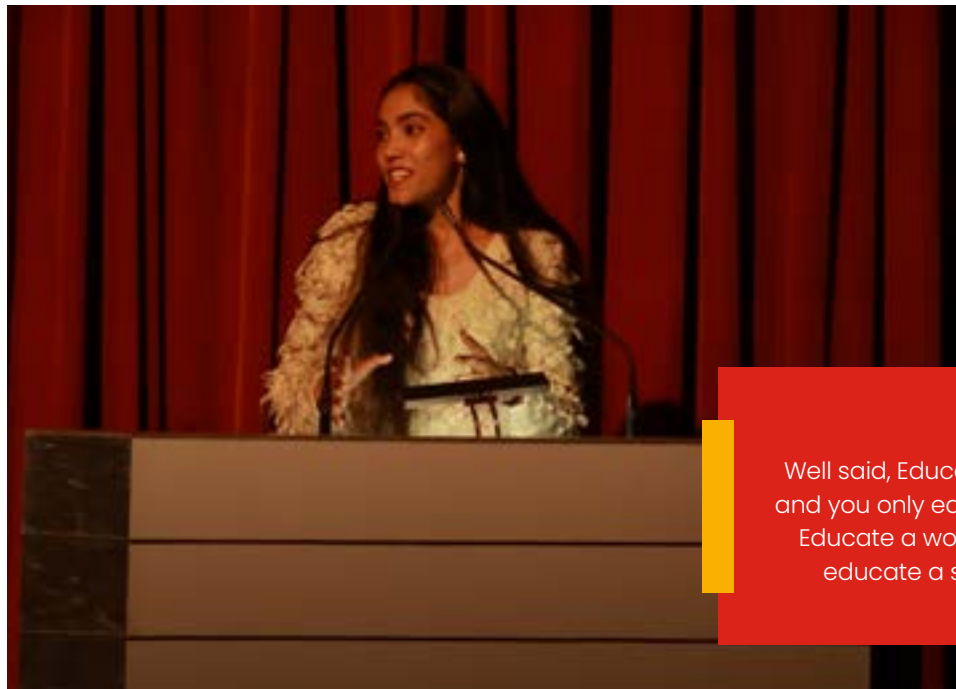
Hindustan Blood Donation and LPU NSS Collaborate for Successful Blood Donation Camp



Lovely Professional University, in collaboration with Hindustan Blood Donation, organized a highly successful blood donation camp on campus. Students from various disciplines enthusiastically donated blood, demonstrating their altruism and compassion. Participants were honored with certificates of appreciation for their selfless contributions, highlighting the impact of their generosity on the lives of others. The event underscored the importance of community collaboration in creating positive change and fostering a culture of service and humanitarianism at LPU.



Women's Day Celebration at our Campus



Well said, Educate a man and you only educate him; Educate a woman you educate a society.

